WEEKLY BULLETIN

Issue 2

Understanding Prohibited Substances in Sport

The National Commission for UNESCO in collaboration with the St. Vincent and the Grenadines National Anti-Doping Organisation (NADO) will be hosting a two-day workshop entitled: '***Understanding Prohibited Substances in Sport***' to be held on the 17th and 18th March, 2011 - 9.00 a.m. at Frenches House, Kingstown.

The workshop aims to provide the fundamentals, which empower athletes and youth to make informed decisions to protect the integrity of sport.

It is the group's hope that, Physical Education and Sports Teachers, Coaches, Sport Administrators, National Sports Men and Women and the Vincentian sporting community in general, be properly informed on the role of NADO and RADO, and the World Anti-Doping Agency (WADA) in the process.

Additionally, the revised International Standard for doping control in relation to, 'in and out of competition testing' for banned substances in sport will be on the agenda. The presenters will be a mix from RADO, the Regional Anti-Doping Organization and local Doping Control Officers.

SVG - NADO - WADA
c/o SVG National Olympic Committee
Dr. Perry De Freitas
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DRAFT AGENDA

Day 1 - March 17th 2011
9:00 – 09:30 Official Opening
Introduction: Dr Perry De Freitas
Address: Ms Janeill Henry: *SVG Secretary General for UNESCO*
Address: Mr Nelson Hillocks: Director of Sports
Address: The Hon Frederick Augustus Stephenson *Minister for National Mobilisation, Social development, Youth, Sports and Culture*
9:30 - 9:45 Overview of Seminar: Dr Perry De Freitas
9:45 – 10:15 An overview and The Principles of Anti-Doping - Dr Adrian Lorde
10:15 – 10:45 Application of Anti-Doping in St Vincent and the Grenadines - Dr Perry De Freitas
10:45 – 11:00 BREAK
11:15 – 12:00 Anti-Doping Roles and Responsibilities – Mr Neil Murrell
- World Anti-Doping Agency
- Olympic Movement
- Government
- UNESCO
- Sports Federations
- Athlete Support Personnel
- Athletes

12:00 – 13:00 Whereabouts Information: Testing - Dr Adrian Lorde
- In Competition Testing
- Out of Competition Testing

13:00 – 14:00 LUNCH
14:00 – 15:00 Doping Control Procedure - Mr Rudi Daniel
- Demonstration by Doping Control Officers

15:00 – 16:30 Prohibited List – Dr Adrian Lorde
- Health Consequences of Substances
- Healthy Alternatives

Day 2 - March 18th 2011
9:00 – 9:30 Review of Day 1
09:30 – 10:00 Therapeutic Use Exemptions – Dr Adrian Lorde
10:00 – 10:30 Results Management – Mr Neil Murrell
10:30 – 10:45 Break
10:45 – 11:45 Education and Information Programs / Materials including Training session for Chaperones - Groups
11:45 – 12:45 Next Steps for NADO-SVG – Dr Perry De Freitas
- Brainstorming session

12:45 – 13:15 Questions and Answers
13:15 – 13:30 Closing

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