TEAM ATHLETICS moving the nation ahead

Bulletin 1

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Carifta Trials On

Saturday 12 March would witness scores of Vincentian athletes eagerly seek an opportunity to represent St Vincent and the Grenadine sat the annual Carifta Games in Montego Bay, Jamaica, over the Easter weekend.

Vincentian students have been in training for some time as they prepare for the Athletics Championships of their own schools and the Inter Secondary Championships scheduled for later this month. Tomorrow will allow the TASVG Selectors ample opportunity to see where the athletes are in respect of their performance levels and make recommendation to the organisation's Executive for consideration.

TASVG selectors would also be evaluating the performances with a view to identifying a squad for long term athletics development here spanning the next several years.

North Leeward Festival Looms Large

The annual Athletics/Heritage Extravaganza comes off at the Petit Bordel Playing Field on Sunday 13 March 2011.

Already the TASVG has ensured that this year's competition would be of a significantly higher standard thanks to the work undertaken in the area by Technical Director, Gideon Labban.

Sunday's activities will start with TASVG President, Keith Joseph, officially handing over the Kit for **Kids in Athletics** Competition to the Chateaubelair Methodist School for custody and use in the entire North Leeward area. This would be followed by a **Kids in Athletics Competition** featuring seven teams.

On Saturday 5 March 2011 Rawlson Morgan and Rosmund Griffith engaged in the official Training of Trainers from North Leeward in the Kids in Athletics programme and the competition would facilitate the first such activity since the training.

There would then be a range of athletics events for the remainder of the afternoon.

TASVG is proud that this Community Athletics Activity continues to grow in stature.

CARIFTA STANDARDS 2011 Electronic Timing

FU17	FU20	Events	MU17	MU20
12.01/12.04	11.57/11.72	100m	10.84/10.94	10.50/10.59
24.26/24.32	23.85/24.34	200m	21.55/21.64	21.29/21.42
53.89/55.04	54.04/54.81	400m	48.99/49.04	46.80/47.49
2:13.60/2:13.85	2:11.76/2:1465	800m	1:56.64/1:57.26	1:53.45/1:53.69
4:44.87/4:47.28	4:46.03/5:00.18	1500m	4:12.82/4:15.51	4:02.81/4:03.05
13.97/14.26	14.21/14.24	100H	13.55/13.75	X
X	X	110H	X	13.76/13.82
42.62/44.06	X	300H	X	X
X	59.84/59.87	400H	56.26/57.75	52.23/53.70
46.85/47.50	45.69/46.62	4X100	42.26/44.06	40.99/41.57
3:48.86/3:54.16	3:41.30/3:43.00	4X400	3:20.31/3:20.99	3:11.79/3:13.28
1.68/1.70	1.73/1.70	HJ	1.85/1.80	2:11/2.08
5.28/5.26	5.86/5.80	LJ	6.66/6.64	7.24/7.09
11.68/11.04	12.10/11.99	TJ	14.78/14.36	14.97/14.70
10.96/10.91	12.40/12.38	SP	16.18/15.35	18.1917.55
30.98/28.67	42.10	DIS	42.23/42.16	58.24/55.01
31.27/30.00	39.55/38.83	JAV	57.74/56.62	60.24/51.74
10:47.84>>>	<<<10:55.29	3000m	9:23.00/9:26.92	
X	X	5000m	<<<<<	16:16.57/16:49.73